



SUFFOLK  
PARENT  
HUB



Suffolk  
County Council

# Small changes, big differences.



## Triple P: The Power of Positive Parenting

Tuesday 6 June 2023

12:30-2:30pm

At: Treehouse Family Hub, 251 Clapgate Lane Ipswich IP3 0RH

- This seminar is designed to give a brief overview of the five building blocks for positive parenting. These all interact with each other and include creating a warm loving and safe environment, encouraging your child's learning, using assertive discipline, having reasonable expectations, and taking care of yourself as a parent.
  - This event is accompanied by a power-point presentation, supported with a tip sheet.

**All Triple P courses** demonstrate how to use the five key principles of Positive Parenting to encourage children to learn the skills they need, with support to encourage your child's mental and emotional wellbeing.

Your workshop facilitators: Kay Witchalls & Yvette Hart

**\*How to book onto this event please select course option Triple P Seminar.**

**\*Go to our link: <https://earlyhelpportal.suffolk.gov.uk/web/portal/pages/home>**

**Select: 'Make a referral for parenting course' – tab follow links**

**Click 1 Referral for parenting programmes**

**Next 2 Parent referral - In first section enter details of child (or children if more than one), and click 'Confirm'**

**Next 3 Privacy Notice please read then click 'YES' to continue**

**Next Register/log-in and complete as requested**

**Next please insert parent details. Contact numbers and email address are needed to access workshop.**

**Next complete referrer details.**

**Next Complete requested details (Triple P Seminar) and finalise.**

**Facebook: <https://www.facebook.com/pages/category/Education/Suffolk-Parenting-Hub-105589491185801/>**

**Website: [www.suffolk.gov.uk/theparenthub](http://www.suffolk.gov.uk/theparenthub) or email us [parenting@suffolk.gov.uk](mailto:parenting@suffolk.gov.uk)**



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