



## Understanding your child **Solihull Approach**

### **Would you like to better understand your child's development and behaviour?**

The group is based on an approach developed in Solihull that research has shown to be helpful to parents and has improved their child's behaviour.

**We will explore issues together such as:**

- Spending time together
- How children develop
- Exploring feelings
- Behaviour difficulties
- How to recover when things go wrong
- Communicating with your child
- Parenting styles

**Venue: Trimley St Mary Primary, High Rd, Felixstowe IP11 OST**

**Time: 1pm – 3pm for 10 weeks**

**Refreshments Provided**

**Starts: Wednesday 19 April 2023 and Finishes: Wednesday 28 June 2023  
(no group half term)**

Bookings to the county parenting team can now be made through Suffolk's online Portal:

<https://earlyhelpportal.suffolk.gov.uk/web/portal/pages/home>

Professionals with access to EHM & LCS can book a family to a parenting course directly through Liquid Logic, completing a quick standalone form. This form can be started from the basic demographics page of the child's record on EHM.