



SUFFOLK  
PARENT  
HUB



Suffolk  
County Council

# Small changes, big differences.



## Triple P: Raising Confident, Competent Children

**Tuesday 13 June 2023**

**12:30pm – 2:30pm**

**At: Treehouse Family Hub, 251 Clapgate Lane, Ipswich IP3 0RH**

- This seminar will discuss six important building blocks or life skills and how parents can promote these skills. The six building blocks are, learning to treat others with respect, being considerate, having good communication and social skills, developing healthy self-esteem, becoming a good problem solver and being independent.

This event is accompanied by a power-point presentation, supported with a tip sheet.

**Triple P** demonstrate how to use the key principles of Positive Parenting to encourage children to learn the skills they need, with support to encourage your child's mental and emotional wellbeing.

Your workshop facilitators: Yvette Hart & Kay Witchalls

**\*How to book onto this event please select course option Triple P Seminar.**

**\*Go to our link: <https://earlyhelpportal.suffolk.gov.uk/web/portal/pages/home>**

**Select: 'Make a referral for parenting course' – tab follow links**

**Click 1 Referral for parenting programmes**

**Next 2 Parent referral - In first section enter details of child (or children if more than one), and click 'Confirm'**

**Next 3 Privacy Notice please read then click 'YES' to continue**

**Next Register/log-in and complete as requested**

**Next please insert parent details. Contact numbers and email address are needed to access workshop.**

**Next complete referrer details.**

**Next Complete requested details (Course would be Triple P Seminar) and finalise.**

**Facebook: <https://www.facebook.com/pages/category/Education/Suffolk-Parenting-Hub-105589491185801/>**

**Website: [www.suffolk.gov.uk/theparenthub](http://www.suffolk.gov.uk/theparenthub) or email us [parenting@suffolk.gov.uk](mailto:parenting@suffolk.gov.uk)**

**Triple P Site: <https://www.triplep-parenting.uk.net/uk-en/blog-and-videos/watch-videos/>**

For further info please contact [kay.witchalls@suffolk.gov.uk](mailto:kay.witchalls@suffolk.gov.uk)

Mobile: 07540 671191



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**[www.triplep.net](http://www.triplep.net)**